

SILVER STAR ACADEMY MENU JANUARY 2023

BREAKFAST ALL MORNINGS SERVED WITH MILK AND FRUIT, LUNCH SERVED WITH MILK, P.M. SNACK SERVED WITH WATER, SUPPER SERVED WITH MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2.</p> <p>SCHOOL CLOSED IN OBSERVANCE OF NEW YEAR'S DAY</p>	<p>3. WAFFLES WITH FRESH STRAWBERRIES</p> <p>MACARONI & CHEESE WITH HAM & CARROTS & FRUIT COCKTAIL</p> <p>STRING CHEESE & SALTINE CRACKERS</p> <p>HAM CHEESE SANDWHICHES WITH CARROTS AND FRUIT COCKTAIL</p>	<p>4. BLUEBERRY MUFFIN WITH YOGURT AND FRUIT</p> <p>FIDEO SOUP WITH CHICKEN AND FRUIT COCKTAIL & CORN</p> <p>FRESH STRAWBERRIES & CHEX MIX</p> <p>PIZZA ROLLS WITH CORN AND FRUIT COCKTAIL</p>	<p>5. FRENCH TOAST WITH FRUIT AND MILK</p> <p>MEAT BALLS WITH RICE & FRUIT COCKTAIL & CORN</p> <p>FRESH ORANGES & GOLDFISH CRACKERS</p> <p>GRILLED CHEESE SANDWICH AND FRUIT COCKTAIL & CORN</p>	<p>6. PANCAKES & FRUIT CUPS</p> <p>CHICKEN NUGGETS AND MASHED POTATOS WITH FRUIT COCKTAIL & GREEN BEANS</p> <p>APPLE SAUCE & VEGGIE STRAWS</p> <p>MINI CORN DOGS WITH GREEN BEANS FRUIT COCKTAIL</p>
<p>9. WHOLE WHEAT CEREAL WITH MILK AND MANDARINS</p> <p>FIDEO SOUP WITH CHICKEN AND FRUIT COCKTAIL & CORN</p> <p>YOGURT & FRESH ORANGES</p> <p>CHICKEN STRIPS WITH CORN AND FRUIT COCKTAIL</p>	<p>10. WAFFLES WITH FRESH STRAWBERRIES</p> <p>CHICKEN ALFREDO WITH CORN & FRUIT COCKTAIL</p> <p>STRING CHEESE & SALTINE CRACKERS</p> <p>HAM CHEESE SANDWHICHES WITH CARROTS AND FRUIT COCKTAIL</p>	<p>11. BLUEBERRY MUFFIN WITH YOGURT AND FRUIT</p> <p>SPAGHETTI WITH BEEF WITH CORN & FRUIT COCKTAIL</p> <p>FRESH STRAWBERRIES & CHEX MIX</p> <p>PIZZA ROLLS WITH CORN AND FRUIT COCKTAIL</p>	<p>12. FRENCH TOAST WITH FRUIT AND MILK</p> <p>RICE WITH CHICKEN AND FRUIT COCKTAIL & GREEN BEANS</p> <p>FRESH ORANGES & GOLDFISH CRACKERS</p> <p>GRILLED CHEESE SANDWICH AND FRUIT COCKTAIL & GREEN BEANS</p>	<p>13. PANCAKES & FRUIT CUPS</p> <p>CORN DOGS WITH FRUIT COCKTAIL & GREEN BEANS</p> <p>APPLE SAUCE & VEGGIE STRAWS</p> <p>MINI CORN DOGS WITH GREEN BEANS FRUIT COCKTAIL</p>
<p>16.</p> <p>SCHOOL CLOSED IN OBSERVANCE OF MARTIN LUTHER KING, JR DAY</p>	<p>17. WAFFLES WITH FRESH STRAWBERRIES</p> <p>MEAT BALLS WITH RICE & FRUIT COCKTAIL & CARROTS</p> <p>STRING CHEESE & SALTINE CRACKERS</p> <p>HAM CHEESE SANDWHICHES WITH CARROTS AND FRUIT COCKTAIL</p>	<p>18. BLUEBERRY MUFFIN WITH YOGURT AND FRUIT</p> <p>SPAGHETTI WITH BEEF WITH CORN & FRUIT COCKTAIL</p> <p>FRESH STRAWBERRIES & CHEX MIX</p> <p>PIZZA ROLLS WITH CORN AND FRUIT COCKTAIL</p>	<p>19. FRENCH TOAST WITH FRUIT AND MILK</p> <p>FIDEO SOUP WITH CHICKEN & CARROTS & FRUIT COCKTAIL</p> <p>FRESH ORANGES & GOLDFISH CRACKERS</p> <p>GRILLED CHEESE SANDWICH AND FRUIT COCKTAIL & CARROTS</p>	<p>20. PANCAKES & FRUIT CUPS</p> <p>CHICKEN NUGGETS AND MASHED POTATOS WITH FRUIT COCKTAIL & GREEN BEANS</p> <p>APPLE SAUCE & VEGGIE STRAWS</p> <p>MINI CORN DOGS WITH GREEN BEANS FRUIT COCKTAIL</p>
<p>23. WHOLE WHEAT CEREAL WITH MILK AND MANDARINS</p> <p>FIDEO SOUP WITH CHICKEN AND FRUIT COCKTAIL & CORN</p> <p>YOGURT & FRESH ORANGES</p> <p>CHICKEN STRIPS WITH CORN AND FRUIT COCKTAIL</p>	<p>24. WAFFLES WITH FRESH STRAWBERRIES</p> <p>SPAGHETTI WITH BEEF WITH CARROTS & FRUIT COCKTAIL</p> <p>STRING CHEESE & SALTINE CRACKERS</p> <p>HAM CHEESE SANDWHICHES WITH CARROTS AND FRUIT COCKTAIL</p>	<p>25. BLUEBERRY MUFFIN WITH YOGURT AND FRUIT</p> <p>CHICKEN ALFREDO WITH CORN & FRUIT COCKTAIL</p> <p>FRESH STRAWBERRIES & CHEX MIX</p> <p>PIZZA ROLLS WITH CORN AND FRUIT COCKTAIL</p>	<p>26. FRENCH TOAST WITH FRUIT AND MILK</p> <p>MEAT BALLS WITH RICE & FRUIT COCKTAIL & CORN</p> <p>FRESH ORANGES & GOLDFISH CRACKERS</p> <p>GRILLED CHEESE SANDWICH AND FRUIT COCKTAIL & CORN</p>	<p>27. PANCAKES & FRUIT CUPS</p> <p>CORN DOGS WITH FRUIT COCKTAIL & GREEN BEANS</p> <p>APPLE SAUCE & VEGGIE STRAWS</p> <p>MINI CORN DOGS WITH GREEN BEANS FRUIT COCKTAIL</p>
<p>30. WHOLE WHEAT CEREAL WITH MILK AND MANDARINS</p> <p>CHICKEN ALFREDO WITH GREEN BEANS & FRUIT COCKTAIL</p> <p>YOGURT & FRESH ORANGES</p> <p>CHICKEN STRIPS WITH GREEN BEANS AND FRUIT COCKTAIL</p>	<p>31. WAFFLES WITH FRESH STRAWBERRIES</p> <p>MACARONI & CHEESE WITH HAM & CARROTS & FRUIT COCKTAIL</p> <p>STRING CHEESE & SALTINE CRACKERS</p> <p>HAM CHEESE SANDWHICHES WITH CARROTS AND FRUIT COCKTAIL</p>			