

SILVER STAR ACADEMY MENU AUGUST 2024

BREAKFAST ALL MORNINGS SERVED WITH MILK AND FRUIT, LUNCH SERVED WITH MILK, P.M. SNACK SERVED WITH WATER, SUPPER SERVED WITH MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. FRENCH TOAST WITH FRUIT AND MILK MEAT BALLS WITH RICE & FRUIT COCKTAIL & VEGETABLES FRESH ORANGES & GOLDFISH CRACKERS CHICKEN SALAD AND WHEAT BREAD WITH APPLES & CARROTS & PEAS	2. PANCAKES & FRUIT CUPS CHICKEN NUGGETS AND MASHED POTATOES WITH FRUIT COCKTAIL APPLE SAUCE & CHEDDAR SUN CHIPS MINI CORN DOGS WITH MASHED POTATOES & FRUIT COCKTAIL
5. WHOLE WHEAT CEREAL WITH MILK AND MANDARINS PIZZA & FRUIT COCKTAIL & BROCOLI YOGURT & FRESH ORANGES CHICKEN STRIPS WITH BROCOLI AND PEACHES AND SUN CHIPS	6. WAFFLES WITH STRAWBERRIES CHICKEN ALFREDO WITH VEGETABLES & FRUIT COCKTAIL STRING CHEESE & SALTINE CRACKERS RAVIOLI WITH HOUSE SALAD TOAST AND PEACHES	7. BLUEBERRY MUFFIN WITH YOGURT AND BANANA SPAGHETTI WITH BEEF WITH CORN & FRUIT COCKTAIL STRAWBERRIES & CHEX MIX CHICKEN NUGGETS WITH MASHED POTATOES AND FRUIT COCKTAIL	8. FRENCH TOAST WITH FRUIT AND MILK RICE WITH CHICKEN AND FRUIT COCKTAIL & CARROTS FRESH ORANGES & GOLDFISH CRACKERS CHICKEN SALAD AND WHEAT BREAD WITH APPLES & CARROTS & PEAS	9. PANCAKES & FRUIT CUPS CORN DOGS WITH FRUIT COCKTAIL & FRENCH FRIES APPLE SAUCE & CHEDDAR SUN CHIPS MINI CORN DOGS WITH MASHED POTATOES FRUIT COCKTAIL
12. WHOLE WHEAT CEREAL WITH MILK AND MANDARINS FIDEO SOUP WITH CHICKEN & BROCOLI & FRUIT COCKTAIL YOGURT & FRESH ORANGES CHICKEN STRIPS WITH BROCOLI AND PEACHES AND SUN CHIPS	13. WAFFLES WITH STRAWBERRIES RICE WITH CHICKEN AND FRUIT COCKTAIL & CARROTS STRING CHEESE & SALTINE CRACKERS RAVIOLI WITH HOUSE SALAD TOAST AND PEACHES	14. BLUEBERRY MUFFIN WITH YOGURT AND BANANA MACARONI & CHEESE AND FRUIT COCKTAIL & GREEN BEANS STRAWBERRIES & CHEX MIX CHICKEN NUGGETS WITH MASHED POTATOES AND FRUIT COCKTAIL	15. FRENCH TOAST WITH FRUIT AND MILK SPAGHETTI WITH BEEF WITH CHICKEN WITH CORN & FRUIT COCKTAIL FRESH ORANGES & GOLDFISH CRACKERS CHICKEN SALAD AND WHEAT BREAD WITH APPLES & CARROTS & PEAS	16. PANCAKES & FRUIT CUPS CHICKEN NUGGETS AND MASHED POTATOES WITH FRUIT COCKTAIL APPLE SAUCE & CHEDDAR SUN CHIPS MINI CORN DOGS WITH MASHED POTATOES FRUIT COCKTAIL
19. WHOLE WHEAT CEREAL WITH MILK AND MANDARINS RICE WITH CHICKEN & BROCOLI & FRUIT COCKTAIL YOGURT & FRESH ORANGES CHICKEN STRIPS WITH BROCOLI AND PEACHES AND SUN CHIPS	20. WAFFLES WITH STRAWBERRIES SPAGHETTI WITH BEEF WITH CHICKEN WITH CORN & FRUIT COCKTAIL STRING CHEESE & SALTINE CRACKERS RAVIOLI WITH HOUSE SALAD TOAST AND PEACHES	21. BLUEBERRY MUFFIN WITH YOGURT AND BANANA CHICKEN ALFREDO WITH VEGETABLES & FRUIT COCKTAIL STRAWBERRIES & CHEX MIX CHICKEN NUGGETS WITH MASHED POTATOES AND FRUIT COCKTAIL	22. FRENCH TOAST WITH FRUIT AND MILK MEAT BALLS WITH RICE & FRUIT COCKTAIL & VEGETABLES FRESH ORANGES & GOLDFISH CRACKERS CHICKEN SALAD AND WHEAT BREAD WITH APPLES & CARROTS & PEAS	23. PANCAKES & FRUIT CUPS CORN DOGS WITH FRUIT COCKTAIL & FRENCH FRIES APPLE SAUCE & CHEDDAR SUN CHIPS MINI CORN DOGS WITH MASHED POTATOES & FRUIT COCKTAIL
26. WHOLE WHEAT CEREAL WITH MILK AND MANDARINS CHICKEN ALFREDO WITH BROCOLI & FRUIT COCKTAIL YOGURT & FRESH ORANGES CHICKEN STRIPS WITH BROCOLI AND FRUIT COCKTAIL	27. WAFFLES WITH STRAWBERRIES RICE WITH CHICKEN AND FRUIT COCKTAIL & CARROTS STRING CHEESE & SALTINE CRACKERS RAVIOLI WITH HOUSE SALAD TOAST AND PEACHES	28. BLUEBERRY MUFFIN WITH YOGURT AND BANANA FIDEO SOUP WITH CHICKEN AND FRUIT COCKTAIL & CORN STRAWBERRIES & CHEX MIX CHICKEN NUGGETS WITH MASHED POTATOES AND FRUIT COCKTAIL	29. FRENCH TOAST WITH FRUIT AND MILK SPAGHETTI WITH BEEF WITH CHICKEN WITH CORN & FRUIT COCKTAIL FRESH ORANGES & GOLDFISH CRACKERS CHICKEN SALAD AND WHEAT BREAD WITH APPLES & CARROTS & PEAS	30. PANCAKES & FRUIT CUPS CHICKEN NUGGETS AND MASHED POTATOES WITH FRUIT COCKTAIL APPLE SAUCE & CHEDDAR SUN CHIPS MINI CORN DOGS WITH MASHED POTATOES & FRUIT COCKTAIL